

АЗБУКА ОБРАЗОВАТЕЛЬНОГО ПРОСТРАНСТВА

Быстров Игорь Дмитриевич,

МБОУ Сургутская технологическая школа

Руководитель Ананьева Марина Александровна,

учитель английского языка

IT IS NOT THE STRENGTH OF THE BODY THAT COUNTS, BUT THE STRENGTH OF THE SPIRIT

Аннотация: В эссе – рассуждении представлены разные точки зрения о том, что является более важным – физическая сила или сила духа, рассмотрены преимущества и недостатки этих взглядов. Автор считает, что духовная сила важнее.

Some people claim that it is better to be strong morally and to have a strong will than being strong from a physical point of view, while others argue that the best decision - exercising regularly and train your own physical.

Personally, I think that people need to develop their inner world, their morality, as this will bring more benefit to them. To start with, a person with firm will and moral principles knows how to behave in both extreme and everyday situations. That is why people can remain calm and maintain consciousness, even if they are victims of a natural disaster, crime, traffic accident or even just an unpleasant home situation.

However, some people consider that if a person has a sports figure or is engaged in combat sport, he will be able to overcome any difficulties that will meet him on his way.

I am afraid I cannot agree with this idea, because even a sporting person can be morally broken by the fact that for a person with a strong will seem like a trifle. Nevertheless, it does not mean that athletes are weaklings. They can use their virtues in the same way as a highly moral person.

To conclude, both points of view have their advantages and disadvantages. Taking into account different opinions on this issue, I believe that it is better to be strong from a spiritual point of view.